



GRAND

# VIRTUAL

INTERNATIONAL CHAMPIONSHIP  
CHEER & DANCE

May 29 & 30, 2021

CREATING A  
NEW FUTURE

GRAND  
**VIRTUAL**  
INTERNATIONAL CHAMPIONSHIP  
CHEER & DANCE

May 29 & 30 2021

**Welcome to the ONP International Championship;** the Championship will be transmitted May 29th & 30th 2021. This Championship is organized by ONP Mexico and approved by the FMPGA (Mexican Cheerleading Federation).

## General Information

### Tentative Schedule

Monday May 3	Admission payment deadline
Monday May 17	Video Submission Deadline
Saturday May 29	Transmission Individual Championship Categories.
Sunday May 30	Transmission Team Championship Categories

## Registration Fee

### Team Registration Fee

**CAD \$250** per team USD \$195 per team

### Individual Registration Fee

**CAD \$25** per person USD \$20 per person



## Competition Divisions

Dance Competition Divisions Time begins with the first organized movement & finishes with the last.

### **Team Dance Routines Jazz, Pom, Hip Hop, Show:**

Minimum of 4 participants

Duration: 2:30 maximum.

### **Individual Dance Routine Jazz, Pom, Hip Hop, Show.**

Duration: 1:00 maximum.

Solos, Duos o Trios

## Cheer Competition Divisions

Time begins with the first organized movement & finishes with the last.

### **Team Routines Building Categories Usaf levels 1 to 7**

Duration: Minimum of 4 participants

Routine Time 2:30 maximum.

### **Team Routines "Spirit" NON Building Categories Usaf levels 1 to 4**

Duration: Minimum 4 participants

Routine Time 2:00 maximum. Must include a Organized Cheer, Jumps, Dance, Gymnastics

### **Team Routines "NON Tumbling" Categories Usaf levels 1 to 4**

Duration: Minimum 4 participants

Routine Time 2:00 maximum. Must include a Stunts, Tosses, Jumps & Dance.

### **Individual Cheer Skill Sequences Usaf level 1 to 5**

Jumps, Individual Tumbling, Partner Stunts, Group Stunts 5 max, Trios

Routine Time 1:00 maximum

Mini Level 1 & 2, Youth Level Level 1 thru 3, Junior Level 1 thru 4 Senior levels 3 thru 5

### **Team Tumbling Routine Usaf level 1 to 5**

Combination of Synchronized Standing & Running Tumbling between 2 & more team members.

Minimum 2 participants

Routine Time 1:00 maximum

Mini, Infantil máximo nivel 2, Femenil Máximo nivel 4 y Mixto máximo nivel 5

ONP reserves the right to combine or divide categories in order to maintain the competitiveness of the Championship.

Please consult the Age Grid applicable for this event NEW: Selection categories with extended ages designed to make your return to competitions easier.

## Divisions and Requirements

Division	Gender	Age
<b>Poms</b>		
Mini	Coed / All girl / All Male	5 - 9 yrs.
Youth	Coed / All girl / All Male	8 - 12 yrs.
Youth Elite	Coed / All girl / All Male	8 - 12 yrs.
Junior	Coed / All girl / All Male	1' - 15 yrs.
Senior	Coed / All girl / All Male	12 - 18 yrs.
Open	Coed / All girl / All Male	Over 13 yrs.

<b>Jazz</b>		
Mini	Coed / All girl / All Male	5 - 9 yrs.
Youth	Coed / All girl / All Male	8 - 12 yrs.
Youth Elite	Coed / All girl / All Male	8 - 12 yrs.
Junior	Coed / All girl / All Male	1' - 15 yrs.
Senior	Coed / All girl / All Male	12 - 18 yrs.
Open	Coed / All girl / All Male	Over 13 yrs.

<b>Hip hop</b>		
Mini	Coed / All girl / All Male	5 - 9 yrs.
Youth	Coed / All girl / All Male	8 - 12 yrs.
Youth Elite	Coed / All girl / All Male	8 - 12 yrs.
Junior	Coed / All girl / All Male	1' - 15 yrs.
Senior	Coed / All girl / All Male	12 - 18 yrs.
Open	Coed / All girl / All Male	Over 13 yrs.

## Sanitary Considerations

We suggest all athletes must use mouth coverings correctly during the entire routine. And must respect the local restrictions in regards to the distancing and contact allowed; to the contrary, the video will not be considered for the Championship.

## **Video Requirements**

1. The video must be recorded in an adequate installation for the activity. Cheer routines must be on a mat or grass.
2. Shoes must be worn throughout the routine.
3. No editing is permitted in the video: no cuts, visual effects, changes in camera angles.
4. Cheer Athletes must wear some form of team identification. T-shirt, Uniform, etc. Dance athletes may wear clothing appropriate to the style they are performing.
5. The Video must be recorded horizontally. The take must include the entire body (head to toe) the entire routine. All performers must remain within the frame at all times. The quality of the video must have optimum lighting & resolution so that the routine is plainly evident.

In the case that the above points are not adhered to, the video will not be considered for the Championship & the registration fee is forfeit.

## **Music.**

Routine Music must be licensed in order to be transmitted with the original music. In the case that the music is not licensed the routine will be transmitted without the original music.

## **Registration Procedure**

Please fill out the following form for each routine to be registered and submit it to [Inscripciones.onp@gmail.com](mailto:Inscripciones.onp@gmail.com) along with a copy of the payment method.



### Team Registration

#### ID's

In order to be registered in the competition the coach/administrator must send a copy of an official photo identification of each participant. USASF or Federation IDs are also permitted.

<b>Team Name</b>	
<b>Contact person</b>	
<b>Address</b>	
<b>City/State/Postal code</b>	
<b>Country</b>	
<b>Phone (    )</b>	<b>Mobile (    )</b>
<b>E-mail</b>	<b>FB</b>

<input type="checkbox"/> <b>Dance</b>		<input type="checkbox"/> <b>Cheer</b>		<input type="checkbox"/> <b>Cheer</b>	
Team	Individual	Team		Individual	
Jazz	Pom	Building	Non building	<input type="checkbox"/> Group stunt	
Hip hop	Show	Level	Category	<input type="checkbox"/> Partner stunt	
All girl	Coed	All girl	Coed	<input type="checkbox"/> Trio	
				<input type="checkbox"/> Jumps	
				<input type="checkbox"/> Individual tumbling	
				<input type="checkbox"/> Group tumbling	



## Team Roster

Participant's name	Age	Gender (M/F)
1		
2		
3		
4		
5		
7		
8		
9		
0		
10		
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		
21		
22		
23		
24		

**Review all rules & guidelines**

X \_\_\_\_\_  
 Gym owner

X \_\_\_\_\_  
 Head coach

Cancellations received **after MAY 17 2021** will result in a **FULL FORFEITURE** of all monies paid. We will not accept cancellations by phone. All cancellations must be in writing to ONP. **All changes will result in a \$50 per change fee.**

I have read the cancellation policy and understand and accept its contents. I have also advised all participants, parents and Coaches/Administrators of my group of this cancellation policy.

Coach signature \_\_\_\_\_ Date \_\_\_\_\_

Director signature \_\_\_\_\_ Date \_\_\_\_\_